

Anti-inflammatory Activity of *Ixora coccinea* Methanolic Leaf Extract

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ABSTRACT

The anti-inflammatory activity of methanolic leaf extract (MLE) of *Ixora coccinea* Linn. (Rubiaceae) was investigated in this study. MLE showed dose-dependent anti-inflammatory activity in carrageenan-induced rat paw edema model ($r = 0.7$; $P < 0.01$). MLE at a dose of 500, 1000, and 1500 mg/kg showed maximum inhibition of edema 36.7, 46.5, and 64.5% respectively ($P < 0.01$). Oral administration of MLE of rats at a dose of 1500 mg/kg significantly inhibited peritoneal phagocytic cell infiltration (45.9%; $P < 0.05$), impaired nitric oxide (NO) production in peritoneal cells (40.8%; $P < 0.01$) and showed anti-histamine activity (54.9%; $P < 0.01$). In vitro treatment of rat peritoneal cells with MLE inhibited NO production dose-dependently (82.2% at 400 dg/ml, $r = 0.99$; $P < 0.05$). MLE also possessed significant, dose-dependent in vitro anti-oxidant activity ($r = 0.88$; $P < 0.01$; IC₅₀ value = 8.0 g/ml), membrane stabilizing activity ($r = 0.81$; $P < 0.01$; IC₅₀ value = 6.4 ng/ml) and lipid peroxidation activity (36.7% at 250 lg/ml; $P < 0.01$). Thirty-day oral treatment of rats with 1500 mg/kg did not show any adverse signs of toxicity or behavioral changes. These results suggest that anti-inflammatory activity of *I. coccinea* is mediated via inhibition NO production, phagocytic cell infiltration, anti-histamine effect, scavenging of free radicals, membrane stabilizing activity and lipid peroxidation.

KEYWORDS

anti-inflammatory activity . anti-oxidant . cell infiltration . *Ixora coccinea* . membrane stabilization . nitric oxide

REFERENCES

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