

Sub-acute effect of NG-nitro-L-arginine methyl-ester (L-NAME) on biochemical indices in rats: Protective effects of Kolaviron and extract of *Curcuma longa* L

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ABSTRACT

Background Kolaviron (KV) (biflavonoid from *Garcinia kola*) and extract of *Curcuma longa* (CL) are frequently used in folk medicine for treatment of hypertension. One of their mechanisms of action is to enhance antioxidant properties in animals. NG- nitro- L- arginine methyl- ester (L- NAME) is L- arginine analogue, which by binding to Nitric Oxide Synthase (NOS) may induce hypertension partly due to increase in tissues oxidative stress. **Objectives** To investigate the effect of L- NAME on some biochemical indices and the possible protective effect of KV or CL. **Materials and Methods** Four groups consisting of 6 rats each were used. One group served as control, second group received L- NAME (40 mg/kg/day). Third and fourth groups were treated with KV and CL, respectively and also received L- NAME. KV and CL were given at a dose of 200 mg/ kg/day. **Results** L- NAME caused a significant ($P < 0.05$) increase in the levels of serum urea, creatine kinase and alanine aminotransferase relative to controls. L- NAME treated rats had markedly decreased hepatic catalase (CAT), superoxide dismutase (SOD), glutathione- S- transferase (GST) and reduced glutathione (GSH) levels. Precisely, L- NAME decreased CAT, SOD, GST and GSH by 48, 52, 76 and 40%, respectively. L- NAME intoxication significantly decreased ($P < 0.05$) renal GSH and SOD levels. Also, L- NAME caused a significant ($P < 0.05$) induction of lipid peroxidation (LPO) in the animals. Administration of KV or CL with L- NAME caused significant ($P < 0.05$) inhibition of LPO and augments tissue antioxidant indices. **Conclusion** These results confirm the adverse effect of L- NAME on biochemical indices and, the ability of kolaviron or *Curcuma longa* to ameliorate the alterations.

KEYWORDS

Antioxidant . biochemical indices . *Curcuma longa* . NG - nitro- L- arginine methyl ester . kolaviron

REFERENCES